

effRev [1,2,3,4,5]

= helper [1,2,3,4,5] []  $O(1)$

= helper [2,3,4,5] [1]  $O(1)$

= helper [3,4,5] [2,1]  $O(1)$

= helper [4,5] [3,2,1]  $O(1)$

⋮

= helper [] [5,4,3,2,1]

= [5,4,3,2,1]

$O(n)$